

A list of various resources and assistance programs

Food Services:

[SNAP - Supplemental Nutrition Assistance Program \(Oregon Department of Human Services\)](#)

[SNAP-Ed - Supplemental Nutrition Assistance Program Education \(Oregon Department of Human Services\)](#)

[Women, Infants and Children Program \(Oregon Department of Human Services\)](#)

[Oregon Hunger](#)

[Oregon Food Bank](#)

[Food and Nutrition \(U.S. Department of Agriculture\)](#)

[Nutrition.gov](#)

[FoodSafety.gov](#)

[Farmer's Market Search \(U.S. Department of Agriculture\)](#)

Utility Assistance:

[Help With Your Utility Bills: Oregon \(U.S. Department of Housing and Urban Development\)](#)

[OEAP - Oregon Energy Assistance Program \(Oregon Housing and Community Services\)](#)

[LIHEAP - Low Income Home Energy Assistance Program \(Oregon Housing and Community Services\)](#)

[Low Income Weatherization Assistance \(Oregon Housing and Community Services\)](#)

[Multnomah County Weatherization & Energy Assistance Program](#)

[**Clackamas County Energy Assistance Program**](#)

[Energy Savers \(U.S. Department of Energy\)](#)

[Warm Oregon \(State of Oregon\)](#)